**Navigation**

• Is the app easy to navigate? have a scale so how would you rate the ease of navigation through the app. **6/10**

How would you rate the navigation of the app as a whole?

* **Effortless** - The app is exceptionally user-friendly; finding features and navigating through sections feels completely natural.
* **Straightforward** - Navigation is simple, with clear signs and minimal barriers to accessing desired features.
* **Manageable** - While easy to navigate, occasional guidance or search may be needed to find some features.**The application is manageable but would need alot of user training at first.**
* **Challenging** - Navigating requires effort and patience, as some features are not immediately obvious or well-organized.
* **Frustrating** - Navigation is often confusing and unintuitive, requiring considerable time and effort to use effectively.

**How would you rate the ease of navigating to the community** **page and the logical flow between pages within the app:" 7/10**

* **Effortless** The app is exceptionally user-friendly; navigating to the community page and between sections feels completely natural. Transitions are logical and enhance the user experience.
* **Straightforward:** Navigation to the community page is simple, with clear signs and minimal barriers. Transitions between pages are logical, contributing to a straightforward experience. - **By a click its easier to navigate to the community section.**
* **Manageable:** While generally easy to navigate, occasionally, guidance or search may be needed to find the community page or move between sections. If transitions feel disjointed, please specify.
* **Challenging:** Navigating to the community page requires effort, and transitions between pages might not always seem logical. If there's a specific area that could be more intuitive, please let us know.
* **Frustrating:** Finding the community page and moving between sections is often confusing and unintuitive, requiring considerable time and effort. If transitions between pages exacerbate this issue, please detail your suggestions for improvement.

**How would you rate the ease of navigating to the step** **counter page and the logical flow between pages within the app:"**

* **Effortless** The app is exceptionally user-friendly; navigating to the step counter page and between sections feels completely natural. Transitions are logical and enhance the user experience.
* **Straightforward:** Navigation to the step counter page is simple, with clear signs and minimal barriers. Transitions between pages are logical, contributing to a straightforward experience.
* **Manageable:** While generally easy to navigate, occasionally, guidance or search may be needed to find the step counter page or move between sections. If transitions feel disjointed, please specify.
* **Challenging:** Navigating to the step counter page requires effort, and transitions between pages might not always seem logical. If there's a specific area that could be more intuitive, please let us know. - **At first I was not aware I am supposed to click on the shoe image for me to acess the section. I kept clicking on the card. As a user I would like to click on any section of the card/ have a button to click to view more info.**
* **Frustrating:** Finding the community page and moving between sections is often confusing and unintuitive, requiring considerable time and effort. If transitions between pages exacerbate this issue, please detail your suggestions for improvement.

**How would you rate the ease of navigating to the weight tracker page and the logical flow between pages within the app:" 8/10**

* **Effortless** The app is exceptionally user-friendly; navigating to the weight tracker page and between sections feels completely natural. Transitions are logical and enhance the user experience.
* **Straightforward:** Navigation to the weight tracker page is simple, with clear signs and minimal barriers. Transitions between pages are logical, contributing to a straightforward experience. - **Quick, straight forward and easy**
* **Manageable:** While generally easy to navigate, occasionally, guidance or search may be needed to find the weight tracker page or move between sections. If transitions feel disjointed, please specify.
* **Challenging:** Navigating to the weight tracker page requires effort, and transitions between pages might not always seem logical. If there's a specific area that could be more intuitive, please let us know.
* **Frustrating:** Finding the weight tracker page and moving between sections is often confusing and unintuitive, requiring considerable time and effort. If transitions between pages exacerbate this issue, please detail your suggestions for improvement.

**How would you rate the ease of navigating to the workout page and the logical flow between pages within the app:" 9/10**

* **Effortless** The app is exceptionally user-friendly; navigating to the workout page and between sections feels completely natural. Transitions are logical and enhance the user experience.
* **Straightforward:** Navigation to the workout page is simple, with clear signs and minimal barriers. Transitions between pages are logical, contributing to a straightforward experience. **Having gotten the drill its becomes easier for one to navigate.**
* **Manageable:** While generally easy to navigate, occasionally, guidance or search may be needed to find the workout page or move between sections. If transitions feel disjointed, please specify.
* **Challenging:** Navigating to the workout page requires effort, and transitions between pages might not always seem logical. If there's a specific area that could be more intuitive, please let us know.
* **Frustrating:** Finding the workout page and moving between sections is often confusing and unintuitive, requiring considerable time and effort. If transitions between pages exacerbate this issue, please detail your suggestions for improvement.

**Visual Design:**

* are the colours chosen appropriate for the fitness app? if no what would like to change about it (follow up question to the top one) **The color choice is ok. It gives a theme of calmness.There was some green to show healthy.**
* Are the text legible and easy to understand on all the pages? **Text is easy to understand but on the edit Icons make it more descriptive**
* Colours and text on settings - **text and colours makes it easy to read. Maybe have the settings icon just beside the notifications icon from the homepage**

**Content Organization:**

* Does the homepage contain all the features you expect to find and use readily in a fitness app? If no, please share any features you feel are missing or could be made more accessible - **Yes but I would love to have a search input on the homepage and a calendar icon where I can just expand to see the date rather than displaying the dates as is.**
* Do you find the transition between the pages in the app to be logical and cohesive? if no, please specify what you would alter?

**Onboarding:**

* How would you describe your experience with the initial setup and onboarding process? Were there any steps that you found particularly helpful or challenging? (Onboarding refers to signing up, logging in and setting up your account) **Alot of user training is needed.**

**Performance:**

* NOTE- this will be covered during the observation section.

**Accessibility:**

* Do you believe the platform is inclusive to user ranging from 18+ upwards? (give an definition of inclusive) (by inclusive we mean curating an environment that is accessible to all adults irrespective of their age, gender, sexual orientation, ethnicity and fitness levels) **It is inclusive**
* Do you find the screen reader useful?? **Yes**
* Are there any features or sections of the app that are not fully accessible to you? Please describe." - **My goal section on the profile , As a user I would like to see a list, so that i can define more than one goal. Another when logging in weight , I expect a button that upon clicking an input field pops up where I can enter my weight.**
* Do you have any suggestions on how we could improve the app's accessibility for users with disabilities? - **Is hover feature available on phone?**

**Help and Support:**

* Do you think there is enough support provided if challenges are faced? **It is more challenging to access the help feature or the FAQs section**
* Do you know where to go to find help and support information within the app?? **It is more challenging to access the help feature or the FAQs section**
* Were you provided with clear and easy-to-follow instructions to resolve any issues or errors encountered within the app? **No**

**Overall User Experience:**

* If there is one more feature that you like to see in the app what would it be **- I would like to have a search input**
* Would you recommend this app to someone else? if you said no why not and if yes why would you? **I would recommend since myself I need to woekout and would like something like a perfect routine of which FitNova would be an ideal app for me**
* Would you be willing to reuse this app based on the current features available? • if no why not? - **Yes**
* Based on our existing features is there anything that you would modify about them?

**- The Calendar section.**

**- The settings I would have it beside the notifications at the homepage.**

**- In the cards I would have buttons where users click to see what every card entails.**

-

**Interview 1**

* Age 30-35
* Male
* Time taken for observations:

**Could you please attempt navigating to the sign up to create an account and register using your personal details?”**

* No of clicks- 1
* Time taken - 5 secs.

**Could you try finding the page where you set up your profile – (so can you try to enter your name and try to set a random weight and height as well as selecting a goal.)**

* No of clicks – 1
* Time taken 10 secs

Observation- Clicked the profile icon on the navigation buttons.

**Could you try to navigate to the settings page?**

* No of clicks – 2
* Time taken 11 secs

Observations : Navigated to the profile and clicked the settings icon. It was quite straightforward once they had seen it in the profile page but, they expressed that the settings should not be hidden.

**Could you try navigating to the goals section (e.g. step goal and sleep target goals and workout out preferences?)**

* No of clicks – 2
* Time taken 10 seconds.

Observation: Easily Navigated to this page.

**Could you try navigating to where you would customize your display preferences and notifications?**

* No of clicks - 3
* Time taken 30 secs

Observation: Once they had noticed that the settings page was only accessible via the profile, they were able to navigate quickly to the display preferences page.

**Could you try to rearrange the order of the icons on the home page?**

* No of clicks – 2
* Time taken 15 secs

Observation – Interpreted icons as the navigation icons at the bottom of the app as opposed to the cards on the homepage. Once clarified, they clicked on the edit icon on the home page.

**Could you try finding the page where you can add your preferred sharing social media accounts and navigate back to the home page?**

* No of clicks - 2
* Time taken 25 secs

Easily navigated to the settings page and this menu item.

**Could you try navigating to see your step counter statistics? (we try to see if they go to week-month goals)**

* No of clicks - 1
* Time taken 18 secs

Was able to navigate to this page easily

**Can you recall any specific features or metrics displayed on the step counter interface?**

* Could remember 3 icons on the landing page of the steps but couldn’t remember what they highlighted.

**Can you try navigating to the community forum and view the streak calendar?**

* No of clicks - 2
* Time taken 10 secs

Was able to navigate to this pages quite fast.

**Could you try navigating to where you would log a weight in the weight page and view the weight progress?**

* No of clicks - 1
* Time taken 48 secs

They were looking for an editable space to log in their weight as they had noticed the circle was for the presentation of the log, rather than a point to log in weight.

**Can you recall any specific features or metrics displayed on the weight page interface?**

* Was able to remember features: log weight, last logged feature, and an infographic of the weight.

**Could you try to navigate to see your sleep statistics?**

* No of clicks – 1 click
* Time taken :7 secs

Was able to navigate smoothly to this page.

**Could you try finding the page to where you would customise your workout plan and to the settings page?**

* No of clicks - 1
* Time taken 6 secs

Could easily navigate to this page.

**Can you try navigating to where you would sync the app with a wearable device (Wearable technology is any technology that is designed to be used while worn e.g. smart watch)**

* No of clicks – 1
* Time taken :5 secs

Observation: Easily recognised the watch icon and noticed the watch was connected.

**Could you try finding the page where you would enable text-to-speech?**

* No of clicks – 1
* Time taken 8 secs.

Observation: Recognised the text-to-speech icon on the home page.